

Menus

School: Peoria Heights Grade School

Academic Year: 2019-20

Meal: Breakfast

Month: November 2019

November				
M	Tu	W	Th	F
28 Blueberry waffle Yogurt w/fruit and granola Cereal or Pop-tart Juice, Fruit and Milk	29 Breakfast Pizza Mini Donuts Cereal or Pop-tart Juice, Fruit and Milk	30 Donuts Yogurt w/ fruit and granola Cereal or Pop-tart Juice, Fruit and Milk	31 French Toast w/sausage Mini Donuts Cereal or Pop-tart Juice, Fruit and Milk	1 Cinnamon Rolls w/sausage Yogurt w/granola Cereal or Pop-tart Juice, Fruit and Milk
4 Egg & Cheese Omelet Yogurt Parfait Cereal or Pop-tart Juice, Fruit and Milk	5 Pizza Bagel Frosted Donut Cereal or Pop-tart Juice, Fruit and Milk	6 Pancake&Sausage on a stick Yogurt Parfait Cereal or Pop-tart Juice, Fruit and Milk	7 Scrambled Eggs w/ sausage and muffin Donut Cereal or Pop-tart Juice, Fruit and Milk	8 Strawberry Pancakes Yogurt Parfait Cereal or Pop-tart Juice, Fruit and Milk
11	12 Breakfast Pizza Mini Donuts Cereal or Pop-tart Juice, Fruit and Milk	13 Bagels Yogurt Parfait Cereal or Pop-tart Juice, Fruit and Milk	14 French Toast Sticks w/sausage Mini Donuts Cereal or Pop-tart Juice, Fruit and Milk	15 Cinnamon Rolls w/ Sausage Donut Cereal or Pop-tart Juice, Fruit and Milk
18 Blueberry waffle Bagels or Yogurt Parfaits Cereal or Pop-tart Juice, Fruit and Milk	19 Sausage/egg/cheese Sliders Mini Donuts Cereal or Pop-tart Juice, Fruit and Milk	20 Pancake/Sausage on a stick Yogurt Parfaits Cereal or Pop-tart Juice, Fruit and Milk	21 Strawberry Pancakes Mini Donuts Cereal or Pop-tart Juice, Fruit and Milk	22 Breakfast Biscuit Yogurt Parfaits Cereal or Pop-tart Juice, Fruit and Milk
25 Egg and Cheese Omelet Donuts Cereal or Pop-tart Juice, Fruit and Milk	26 Breakfast Pizza Yogurt Parfait Cereal or Pop-tart Juice, Fruit and Milk	27	28	29