

Menus

School: Peoria Heights High School

Academic Year: 2018-19

Meal: Lunch

Month: January 2019

January				
M	Tu	W	Th	F
31	1	2	3	4
7 Cheeseburger on Bun or BBQ Potato Wedges Pears Milk	8 Soft Shell Taco or BBQ Lettuce, Cheese, and Salsa Refried Beans Applesauce Milk	9 Pizza or BBQ Green Beans Peaches Milk	10 Chicken Tenders BBQ Carrots Pineapple Milk	11 Spaghetti/Cheese Stick BBQ Garlic Bread Corn Applesauce Milk
14 Hot Dog on Bun Or Pizza Baked Beans Mixed Fruit Milk	15 Turkey & Gravy/BB or Pizza Mashed Potatoes Mandarin Oranges Milk	16 Chicken Pattie Pizza Baby Carrots Pears Milk	17 Hamburger on Bun Pizza Peas Pineapple Milk	18 Sub Sandwich or Pizza Corn Peaches Milk
21	22 Taco Snack Bites Chicken Pattie on Bun Refried Beans Mixed Fruit Milk	23 Pretzel Nuggets Chicken Pattie on Bun Carrots Applesauce Milk	24 Chicken Nuggets or Chicken Pattie on Bun Cheesy Mashed Potatoes Peas Milk	25 Little Caesar's Pizza or Chicken Pattie on Bun Peas Peaches Milk
28 French Toast & Sausage Burrito Potato Wedges Applesauce Milk	29 Taco Salad or Burrito Refried Beans Lettuce, Cheese, and Salsa Mandarin Oranges Milk	30 School Improvement Day Dismissal at 11:30am	31 Mini Corn Dogs Burrito Carrots Pears Milk	1 Chicken Nugget Burrito Cheesy Mashed Potatoes Mixed Fruit Milk