

Menus

School: Peoria Heights Grade School

Academic Year: 2019-20

Meal: Breakfast

Month: January 2020

January				
M	Tu	W	Th	F
30	31	1	2	3
6 Blueberry Waffles Yogurt Parfait or Donuts Juice, Milk and Fruit	7 Frosted Donuts Bagel or Yogurt Parfait Juice, Milk and Fruit	8 Pizza Bagel Mini Donuts Cereal or Pop-Tart Juice, Milk and Fruit	9 French Toast w/Sausage Mini Donuts Cereal or Pop-Tart Juice, Milk and Fruit	10 Cinnamon Roll W/Sausage Yogurt Parfait Cereal or Pop-Tart Juice, Milk and Fruit
13 Egg & Cheese Omelet Bagel or Yogurt Parfait Cereal or Pop-Tart Juice, Milk and Fruit	14 Breakfast Pizza Frosted Donuts Cereal or Pop-Tart Juice, Milk and Fruit	15 Pancake/Sausage on a Stick Mini Donuts Cereal or Pop-Tart Juice, Milk and Fruit	16 Breakfast Biscuit Mini Donuts Cereal or Pop-Tart Juice, Milk and Fruit	17 Cinnamon Roll w/Sausage Yogurt Parfait Cereal or Pop-Tart Juice, Milk and Fruit
20	21 Frosted Donuts Bagel or Yogurt Parfait Cereal or Pop-Tart Juice, Milk and Fruit	22 Sausage/Egg/Cheese Sliders Mini Donuts Cereal or Pop-Tart Juice, Milk and Fruit	23 Pancakes w/ Sausage Yogurt Parfait Cereal or Pop-Tart Juice, Milk and Fruit	24 Cinnamon Roll w/Sausage Yogurt Parfait Cereal or Pop-Tart Juice, Milk and Fruit
27 Strawberry Pancakes Yogurt Parfait Cereal or Pop-Tart Juice, Milk and Fruit	28 Breakfast Pizza Frosted Donuts Cereal or Pop-Tart Juice, Milk and Fruit	29 Breakfast Burrito Mini Donuts Cereal or Pop-Tart Juice, Milk and Fruit	30 Frosted Donuts Bagels Cereal or Pop-Tart Juice, Milk and Fruit	31 Cinnamon Roll w/Sausage Yogurt Parfait Cereal or Pop-Tart Juice, Milk and Fruit