

# Menus

**School:** Peoria Heights High School

**Academic Year:** 2019-20

**Meal:** Breakfast

**Month:** February 2020

February				
M	Tu	W	Th	F
3 Blueberry Waffles or yogurt parfait, Donuts, Cereal or Pop-Tart Juice, Milk and Fruit	4 Frosted Donuts or Bagel Yogurt Parfait, Cereal or Pop-Tart Juice, Milk and Fruit	5 Pizza Bagel or Mini Donuts, Cereal or Pop-Tart Juice, Milk and Fruit	6 Breakfast Biscuit or Mini Donuts Cereal or Pop-Tart Juice, Milk and Fruit	7 Cinnamon Roll w/ Sausage or Yogurt Parfait, Cereal or Pop-Tart Juice, Milk and Fruit
10 Egg & Cheese Omelet, Donut or yogurt parfait, Cereal or Pop-Tart Juice, Milk and Fruit	11 Breakfast Pizza or Frosted Donut, Cereal or Pop-Tart Juice, Milk and Fruit	12 Pancake&Sausage on a Stick or Mini Donuts, Cereal or Pop-Tart Juice, Milk and Fruit	13 Scrambled Eggs w/Sausage and a muffin or Yogurt Parfait, Cereal or Pop-Tart Juice, Milk and Fruit	14
17	18 Bagel or Yogurt Parfait, Cereal or Pop-Tart Juice, Milk and Fruit	19 Sausage, Egg and Cheese Sliders or Mini Donuts, Cereal or Pop-Tart Juice, Milk and Fruit	20 French Toast w/Sausage or Yogurt Parfait, Cereal or Pop-Tart Juice, Milk and Fruit	21 Cinnamon Roll w/ Sausage or Yogurt Parfait, Cereal or Pop-Tart Juice, Milk and Fruit
24 Strawberry Pancakes or Yogurt Parfait Cereal or Pop-Tart Juice, Milk and Fruit	25 Breakfast Pizza or Frosted Donut, Cereal or Pop-Tart Juice, Milk and Fruit	26 Breakfast Burrito, Bagel or Mini Donuts, Cereal or Pop-Tart Juice, Milk and Fruit	27 Breakfast Biscuit or Mini Donuts, Cereal or Pop-Tart Juice, Milk and Fruit	28 Cinnamon Roll w/ Sausage or Yogurt Parfait, Cereal or Pop-Tart Juice, Milk and Fruit